

# 2<sup>nd</sup> Mediterranean & 26<sup>th</sup> National

Congress of Internal Medicine

Taj Sultan | Golden Tulip Hotel,

Hammamet, TUNISIA

May 30<sup>th</sup> – June 1<sup>st</sup> 2024



Thursday, May 30<sup>th</sup>, 2024

## Session 1

8:30 am–9:00 am Opening and Registration

9:00 am –11:00 am Workshops

Chairpersons :

I. Boukhris, M. Bourri

J. Anoun, N. Slimani

9:00 am–10:00 am

Workshop 1

Room: El Bey 1

**Obesity: Which diet for which profile?**

Amar Tebaibia

Algeria

Workshop 2

Room: El Bey 2

**Diagnostic and follow-up criteria for giant cell arteritis**

Neirouz Ghannouchi & Salem

Brahem

Tunisia

Workshop 4

Room: El Bey 2

**Oral lesions: Management challenge**

Kamel Bouslama

Tunisia

10:00 am–11:00 am

Workshop 3

Room: El Bey 1

**Digital ulcerations: Management challenge**

Luc Mouthon

France

11:00 am–11:30 am

Coffee break & Exhibition booth visit & Young Internists Corner

11:30 am–1:00 pm

Lectures

Large vessel vasculitis

Chairpersons :

M. Smiti, R. Malek, L. Mouthon, T. Murr

• **Giant cell arteritis and new therapeutic approaches**

Farouk Benmediouni – Algeria

• **Giant cell arteritis or atherosclerosis: A diagnosis challenge!**

Mohammed Ghnaimat – Jordan

• **Hypertension in Takayasu's disease: From diagnosis to treatment.**

Syrine Bellakhal – Tunisia

1:00 pm – 1:45 pm

Satellite Symposium: Novonordisk

Chairpersons :

K. Ben Abdelghani, F. Daoud

• **Insulin degludec/aspart: a new approach for the management of diabetes**

Imen Ksontini – Tunisia

1:45 pm–2:30 pm

Lunch Box

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## Session 2

2:30 pm–3:15 pm Oral communications

Chairpersons :

Room: El Bey 1  
R. Amri, M. Ach  
OC1 – OC5

Room: El Bey 2  
S. Sayhi, MS. Hamdi  
OC6 – OC10

3:15 pm–5:15 pm Lectures  
Diabetes and Hypertension in the Mediterranean Region

Chairpersons : L. Ben Hassine, G.Hatemi, M. Ahmed Amin, M. Ghnaimat, AF Bendaoud

- **Type 2 Diabetes: Patient centred approach**  
Rachid Malek  
Algeria
- **Type 2 Diabetes in the Mediterranean region: Are we equivalent?**  
Melek Kechida & Syrine Daada  
Tunisia
- **Hypertension in the Mediterranean region**  
Tolga Yildirim  
Turkey
- **Hypertension: Screening and monitoring for target organ damage**  
Ahmed Fathi  
Egypt
- **Impact of the Mediterranean diet on atherosclerosis**  
Elissar Dagher Nohra  
Lebanon

5:15pm –5:45 pm Satellite Symposium: Sanofi

Chairpersons :

M. Kechida, A. Kefi

- **Insulin Glargin U300 : Benefits of a new basal insulin in the management of Diabetes**  
Faïda Ajili – Tunisia

5:45 pm – 6:45 pm Opening ceremony

**Tunisia: A Regional Hub for Two Millenia, with its Expansions and Contractions/Contradictions**  
Youssef Cherif – Tunisia

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## Session 3

9:00 am–10:00 am Workshops

### Chairpersons :

T. Larbi , F. Benmadiouni

F. Frikha, R. Hadjiat

#### Workshop 5

Room: El Bey 1

**Facial involvement in  
scleroderma: How to improve  
appearance?**

Luc Mouthon  
France

#### Workshop 6

Room: El Bey 2

**Imaging and diagnostic  
approach to cerebral vasculitis**

Insaf Dhkil & Zeineb Meddeb  
Tunisia

10:00 am–10:30 am Coffee break & Exhibition booth visit & Young Internists Corner

10:30 am–12:00 pm Lectures  
Behçet's disease

### Chairpersons :

N. Khalfallah, E. Cherif, E. Bizzi, C. Comarmond-Ortoli

- **Current concepts in neuro-Behçet**

Gülen Hatemi  
Turkey

- **Vascular Behçet's disease : Pros and Cons of anticoagulation**

Ines Naceur & Zeineb Teyeb  
Tunisia

- **Management of ocular manifestations in Behçet's disease**

Olfa Fekih  
Tunisia

12:00 pm – 12:45 pm Satellite Symposium : Opalia Ricordati

### Chairpersons :

F. Said , I. Boukhris

- **Birth of a paradigm: Empagliflozine !**

Kamel Bouzlama – Tunisia

12:45 pm–2:00 pm Lunch Box

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## Session 4

2:15 pm–3:45 pm

Parallel Session : Latest News

### Room: Khalifa

**Chairpersons :** N. Abdelhafidh, F. Said, T.Yalimir, L. Makhoulouf

- **The new classification of inflammatory myopathies: State of the art**  
Thara Larbi – Tunisia
- **Role of JAK Inhibitors in Internal Medicine: Where do we stand ?**  
Nour El Houda Gueddiche – Tunisia
- **Targeting inflammation in hypertension**  
Tayssir Ben Achour – Tunisia
- **Corticosteroid-induced osteoporosis: Beyond initial treatment**  
Mehdi Somai – Tunisia
- **Immune Thrombocytopenia: What's new in 2024**  
Farhat Chelbi – Tunisia

### Room: Emir

**Chairpersons :** N. Khammassi, F. Ajili, R. Amri, D. Tagzout

- **2019 EULAR classification criteria of systemic lupus erythematosus: What is new ?**  
Ines Kechaou – Tunisia
- **Anti-TNF: The Yin and Yang, finding the right balance!**  
Samar Derbal – Tunisia
- **Fecal Calprotectin and enteric Behçet's Disease: A novel activity marker**  
Asma Kefi – Tunisia
- **Peripheral Neuropathy: Improving pain management**  
Sonia Khalbous – Tunisia
- **Management approach to thrombosis and thrombocytopenia**  
Sameh Sayhi – Tunisia

3:45 pm – 4:30 pm

Satellite Symposium : Boehringer

**Chairpersons :**

M. Smiti, E. Cherif

- **Systemic sclerosis-associated interstitial lung disease: When and how to use antifibrotic agents ?**  
Meya Abdallah – Tunisia

4:30 pm–5:00 pm

Coffee break & Exhibition booth visit

5:00 pm–6:00 pm

Young Internists Session

- **Artificial intelligence in internal medicine: Are we still needed?**  
Rime Lemouaden (Morocco), Wafa Letifi (Tunisia)
- **Challenges in daily practice in the hospital as a Young Internist across the Mediterranean : Results of a regional survey**  
Younna Abdallah (Lebanon), Gabriele Angelo Vassallo (Italy)

8:30 pm

Congress Dinner

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## Session 5

08:45 am–09:30 am Oral communications

Chairpersons :

Room: El Bey 1  
S. Daada, Z. Meddeb  
OC11 – OC15

Room: El Bey 2  
I. Kechaou, F. Derbali  
OC16 – OC20

09:30 am–11:00 am Lectures  
Autoinflammatory Diseases

Chairpersons :

K. Ben Abdelghani, M. Abdallah, Y. Kitouni, P. Portincasa

- **Immuno-modulation and autoinflammatory diseases**  
Emanuele Bizzi  
Italy

- **Classification and specificity of autoinflammatory diseases in the Mediterranean region**

Sophie Georgin Laviale  
France

- **Update on the management of Familial Mediterranean Fever (FMF)**  
Faten Frikha  
Tunisia

11:00 am–11:30 am Coffee break & Exhibition booth visit

11:30 am–12:15 pm Satellite Symposium : Astrazeneca

Chairpersons :

S. Bellakhal, F. Daoud

- **How to optimize the management of Type 2 Diabetes ?**  
Faïda Ajili  
Tunisia

12:15 pm–1:45 pm Lectures  
Mediterranean Diet and Autoimmunity

Chairpersons :

F. Ben Fredj, A. Tebaibia, S. Georgin Laviale, A. Fathi

- **Eating for oneself or for one's immune system (Role of diet in autoimmune diseases)**

Piero Portincasa  
Italy

- **Vitamin D : Autoimmunity and Mediterranean Diet**

Tony El Murr  
Lebanon

- **New pharmacological treatments for obesity**

Mona Ahmed Amin  
Egypt

1:45 pm–2:30 pm Closing Ceremony and Prize Announcements  
Bassem Louzir's Prize